

AUGUST, 1938

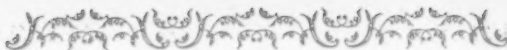
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DAILY WORD

A Unity Publication

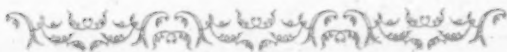


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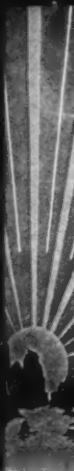


This Is Wealth

*Wealth of loving thought to share,
Wealth of knowing God in prayer,
Wealth of freedom from all sin,
Wealth of finding Christ within,
Wealth of knowing day by day
How to think, to live, to pray,
Wealth of knowing now and here
Heaven close at hand and dear,
Wealth of sharing thoughts of Christ,
Thoughts of Truth and so unpriced,
Wealth of joy and love and health:
All this is mine! This is my wealth.*







AUGUST
1938

VOLUME 29

NUMBER 2



Unity Daily Word

F. B. WHITNEY, EDITOR

A little companion that daily directs your steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

*

Nonsectarian. Published monthly.

LOVE WILL FIND YOU

'Tis love a merry game will play
When darkened thought would bind
you;
Unloving thought will make you stray,
But love is sure to find you.
As when you play at hide and seek
Some one will look and find you,
So love within your heart will peek,
And love is sure to find you.

Editorial suggestions and comments may be addressed to the
Editor of UNITY DAILY WORD, 917 Tracy Ave., Kansas City, Mo.

AUGUST
1938

VOLUME 29

NUMBER 2

AFFIRMATIONS

USED BY
SOCIETY OF SILENT UNITY

July 20 to August, 19

In the quietness and confidence of God within me I am established in wisdom and understanding.

★

In the quietness and confidence of Thy Spirit within me I realize Thy abundant life, and I am healed.

★

My mind is stayed on Thee as my unfailing resource, and I am in all ways prospered.

Single copies of UNITY DAILY WORD may be obtained at Unity libraries and newstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind who are familiar with grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

Requests for Silent Unity's ministry and love offerings for health and prosperity treatments should be addressed to Silent Unity.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

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When asking us to change your address, please be sure to state which of our magazines you are receiving, and whether you are now using a Prosperity Bank.

Love the Conqueror

Clara May Rowland, Director of Silent Unity

“**B**UT FROM thence ye shall seek Jehovah thy God, and thou shalt find him, when thou searchest after him with all thy heart and with all thy soul.” Thus spoke Moses to the Children of Israel. Later Jesus Christ put the same thought into these words: “Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: for every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.”

We have been seeking for God through the ages in ways innumerable. We have sought Him through this teacher and that teacher and in books and records of all kinds. We have sought Him in this church and that church, expecting Him to be revealed in some mysterious way by the minister. But again Jesus Christ said to us, “Neither shall they say, Lo, here! or, There! for lo, the kingdom of God is within you”; and that is where we must seek Him. Let us seek Him now as love, which will prove itself to us in His inner kingdom.

God so loved the world that He gave us Jesus Christ to reveal to us the Christ within and to awaken us to the magnitude of His love. Jesus Christ knew the love of God so well that He said

to us: "If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you." He was so filled with the love of God that He could say to the man who had been crippled for thirty-eight years, "Arise, take up thy bed, and walk"; and the cripple took up his bed and walked. We are so sentimental in our love that if a command like that were given in our presence we might think it a very unloving thing to say.

But the love that was expressed through Jesus Christ was a very active love, and it did mighty works. It was not sentimental; it wasted no false sympathy on negative conditions. His love commanded and was obeyed. He did not need to say in words, "I love you, therefore I want to help you." All the love of God in Him was expressed through His "Arise, take up thy bed, and walk."

We can seek for God as wisdom, God as supreme power, as undeviating law, as never-failing principle, but first let Him become to us the God of love enthroned in our own heart. We shall then know that there is nothing to fear in His law, for His love is just and forgiving. There is nothing to fear in His absolute power, for He is also absolute love. He is the changeless principle of love that is always good. He is not a God of

impulses who sometimes wills good and sometimes evil for His children. Can you think of a God of love willing sickness, poverty, and even death upon His children in the face of this teaching: "For God sent not the Son into the world to judge the world; but that the world should be saved through him."

Let us not abide in self-made conditions, imagining that God so wills it. Let us rise up out of this error belief, my friends. Never does the God of love that we know at Unity will for you anything but what He is Himself, absolute perfection. He wills not only that we may be perfect in our spiritual nature but that this perfection may become expressed in our body and in our affairs.

Let us frequently quiet our outer thoughts and activities and really seek Him in the stillness within our own heart.

When you touch the love of God in your heart you find yourself wanting to do something to bless and help others, even as Jesus Christ did. The more you give out of this wonderful gift that is yours the more will come back to you of heavenly blessings. You will find peace, happiness, health, harmony, and prosperity; for you have found the real source of that which satisfies.

Be a Captain Courageous

James Freedman

DOES LIFE seem very serious to you? Do your problems seem vividly real? Are you one of those persons who carry the world around on their shoulders, as Sindbad carried the Old Man of the Sea?

Really life is not such a serious proposition, and your problems are—well, some one has said, "Problems are poems not yet written." Did you ever think of your problems as poems? Such they are, and they may be turned into scientific discoveries, and financial success, and health, and spiritual light, and a happy life, and everything else that you are working to achieve. Problems are your opportunities to improve. Problems are the steps you are taking toward God.

You see, the important thing is your attitude of mind. If you let yourself believe that problems are things to be afraid of, that they are hard and undesirable, they become so to you, while if you look at them as your opportunity, that is what they become. So if you think you have problems, put that thought out of your mind. From now on you have only opportunities.

Problems—or shall we call them opportunities?—are in a way a measure of a man's spiritual un-

foldment. You would have none if you could stand still and stagnate. But just try to stand still. Your heart beats, your lungs inhale and exhale, your senses quiver to numerous stimuli, your brain teems with thoughts. Never for a moment do you stand still. You must go forward to keep from slipping back, and to go forward you must overcome.

To the greatest of all souls was given the greatest of all problems. Suppose Jesus had accepted it as such. Suppose He had cried out, "Oh, Father, this is too heavy for me. I can't do it. Oh, I know I'll never find my way out of that tomb." But He saw His problem as His opportunity. It was His work to show mankind that death itself is an illusion and false appearance. So He faced death fearlessly—and overcame it!

Jesus did nothing you cannot do, for within you is the same power that was in Him. All that is necessary is that you use your faculties. It is not your problems that you have to work with—you can handle those easily enough; it is your inner self. As you remold yourself nearer to your heart's desire, you find remolding the world no task at all. If you can learn to look at your problems not as things to be afraid of but as chances to achieve,

there is no limit to what you can accomplish. Whether it be health or money or peace of mind or happiness you need, you can attain it.

God always starts His work with a dream, a wish, a hope in the heart of His child; and if the child has but a little faith and courage He makes the dream come true. Today your problem may seem very real, your desire far from its attainment. But the things you have now—how short a time ago were they not problems, dreams!

If you just use your powers fearlessly, they will grow stronger until you will find yourself surmounting with ease the obstacles that once seemed insuperable. One there is that will be with you as you press ahead, who will not let you stumble, who will lead you ever upward. Whatever your need may be you can attain it, and you shall attain it; for within you is a power mightier than all outer things. You are a god and the child of God, and nothing can withstand you.

Beyond all appearances lies the perfection of Spirit, and to that perfection you can win. If you will keep your heart high and your spirit light, if you will walk fearlessly and joyously, you will find yourself taking your problems in your stride. They will just be steps whereby you mount to God.

Investments

Cleda Reyner

HOW ARE your investments today? Safe and satisfactory, or a matter of mental disturbance and concern? Your answer is determined by the nature of the things in which you have invested.

Whatever it is to which you have intrusted your peace of mind, your well-being, your happiness, and your prosperity, it is giving you returns that are in accord with its character. If it is in things of this outer world that you have placed your faith, then your returns, like the world, are somewhat changeable and impermanent.

People who have expected security in the world have been disappointed, and in their disappointment they have said that the world is fickle. But it isn't that. Our world is simply not yet full grown, and in its progress toward maturity it has to change. It can no more stand still than a child can retain its infancy or remain indefinitely in adolescence. It would seem foolish indeed for a parent to associate all the joy of parenthood with either of these stages. Yet men and women do heavily center their chances for happiness in circumstances and conditions that can no more remain the same than children do. When certain jobs, positions, or

careers become the utopia of their thoughts, everything that interferes with the desired outworking of these is a definite interference with mental peace. And when these people once have given their happiness into the keeping of others, they react like a barometer to all that the keepers of their joy do or fail to do. Not even the most beloved person should be given the responsibility of maintaining one's happiness, for that is the responsibility of the indwelling Lord and host of every being; and not even the most promising set of events should be depended upon for the stability that can be assured only by Him.

There is only one being whose nature is so divine and whose power is so limitless that dependence upon it, in fact any amount of faith in it, unfailingly results in pleasantness. That one being is God. Man has been given such an infinite capacity for happiness that nothing of a finite nature can satisfy it. Regardless of how interesting, good, or beautiful anything may be in this outside realm, it is not enough to sustain an unfluctuating state of happiness. The Spirit within cannot find its complete counterpart in our growing, unfinished world. But that selfsame spirit has a method of its own that more than makes up for outer un-

development. It builds for itself a city of the mind, wholly dependable as a place to which to turn for sustenance at all times and under all circumstances. It has been said of Dickens that he had no such city—"built against outward distraction for inward consolation and shelter in life"—and therefore he depended much upon the world and its applause for a peace that was closer to himself than breathing and even more dependable. No one need experience such an irregular sense of well-being as this man did.

To the joy of those who find within themselves inner resources to which they may turn in any time of need, the changing world and its events have power only to add more joy, never to decrease the joy that is present. They summon from within the wisdom that can see beyond immediate circumstances and behold good coming forth in its sure and timely way. When there is within the mind a city well populated with thoughts of faith, love, justice, and understanding, the shortcomings of others become just incidents of growth that will be righted as more unfoldment takes place. There is seen only the spirit that is endeavoring to express itself rather than the immature attempts to do so.



I Cannot Leave His Presence

Though far away my straying feet

From Christ would seem to go,

I cannot leave His presence sweet;

I am secure, I know.

And though at times my thought would
stray,

I know I need not fear;

For Christ is never far away,

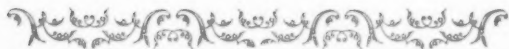
In Truth He's ever near.

Why can I not His presence leave?

Why from Him never part?

In Omnipresence, I believe,

We're one within my heart.



AUGUST 1

Monday

THE ZEAL AND ENTHUSIASM OF SPIRIT
WITHIN ME MAKES ME ENTHUSIASTIC ABOUT
EVERYTHING THAT I DO.

THE ENTHUSIASTIC person gets a great deal of good out of life because he brings forth from the depths of his being a great deal of zeal and vitality. He is always a favorite among his friends because he is always responsive and interested in everything that concerns them.

Many a student of Truth misses beauties and pleasures that he could enjoy without making any compromise at all with his spiritual understanding. But not to participate in the innocent pleasures of the world, not to see beauty on every hand, is to entertain a false conception of the purpose of life.

The responsive person, the one who is always interested in what another says and does, has a definite place in the world. From the enthusiasm within himself he gives enthusiasm to one needing it.

Through enthusiasm we lose sight of much of what would otherwise seem monotonous.

✿ *Stir up the gift of God, which is in thee.*—II TIM. 1:6.

Tuesday

AUGUST 2

THE PEACE OF GOD WITHIN ME FILLS MY HEART, MY MIND, AND MY BODY, AND I AM AT PEACE WITH ALL PERSONS AND ALL THINGS.

BECOME so conscious of the peace of God at the heart of your being that you cease to believe in inharmony in any form. Know that in the world of God, the world of spiritual verities, there can be no lack of peace, no lack of God. In God's world, the world of Truth, peace reigns supreme.

To establish peace within yourself is to make peace with all external things. Nothing in all this world can disturb you when you are at peace with yourself and with God in the midst of you. No person or external thing can affect your peace or take it from you when you realize that it is established in Spirit, enduring, unchangeable.

Does your thought about some person or thing seem to be disturbed? Then take your thought off him or it and center your thought on God, on peace within you. Become so conscious of peace that you can feel no lack of it.

♣ *Go in peace, be ye warmed and filled.*—JAMES 2:16.

AUGUST 3

Wednesday

THE PURIFYING, HEALING, VITALIZING,
DEATHLESS LIFE OF SPIRIT FILLS ME, AND I
AM THOROUGHLY ALIVE.

THE LIFE of Spirit within us is our very life. Conscious of this presence, we become conscious of abundant life within us and become convinced of the principle of Truth that this life of Spirit is all-sufficient. The old belief that we can lack life, that we can have insufficient vitality, is given up for the understanding of Truth. We feel within us such a presence of life that it just fills us through and through.

To be thoroughly alive we must realize the presence of Christ as life within us. We must know that we need not look to external things for life. We must realize that we have life within us that can never be depleted. In this way we make mental connection with the inner source of life and cause it to be manifested in the physical.

The life of Spirit cleans, heals, and strengthens us. As we think about it, we find that it seems to increase.

✱ *Our Saviour Christ Jesus, who abolished death, and brought life and immortality to light.—II TIM. 1:10.*

Thursday

AUGUST 4

THE JOY THAT COMES FROM KNOWING GOD
IN THE MIDST OF ME FILLS MY SOUL, AND I
AM OVERJOYED.

IF YOU are inclined to be sorrowful or depressed, if you have known little of joy in life, turn your thought to God in the midst of you. When you commune with your indwelling Lord you cannot be sorrowful. When you realize that He is in the midst of you, you cannot be downcast.

The joy that comes from knowing God is the joy that is constant and permanent. The temporary joy that a person experiences when he delights in things of the external world does not compare with it. When things of the world change, then his joy is affected. When his thought is upon God in the midst of him, his joy increases.

If you would have more joy, know more of God. Turn in thought to Him and experience the joy that endures forever. Do not think that you must not enjoy things of the external world. You are simply to know the center of joy.

*Then will I go unto the altar of God,
Unto God my exceeding joy.*

—PSALMS 43:4.

AUGUST 5

Friday

I AM COURAGEOUS. I CANNOT BE DISHEARTENED, BECAUSE CHRIST IN ME STRENGTHENS MY HEART.

DO YOU ever have the thought of discouragement to handle? Do you become easily disheartened when you should be brave and strong, ready to take a fresh hold, ready to finish what you have started? Then you must realize the truth that nothing in all the world can dishearten you when you know that Christ is your courage.

Are you disheartened because of your relations with other persons? Then free yourself from personal consciousness, from the belief that others can make you unhappy, or overpower you, or weaken your efforts. Cease to look to the personal and behold the Christ. Realize that no one has power to discourage you. No one can dishearten you when you know the truth of your inner being and your relation to Christ within you.

Think often of Christ within you as your strength. Take new courage. Teach yourself to take a fresh hold on life and on your endeavors.

✿ *He thanked God, and took courage.*—ACTS 28:15.

Saturday

AUGUST 6

I RELAX FROM ALL STRESS AND STRAIN, AND ABIDE IN THE EASE AND COMFORT OF GOD'S PRESENCE.

IF YOU need relaxation, turn in thought from that which seems to make you tense. Deny the power of any external thing to rob you of peace and harmony. Do not give any person or any situation the right or power to cause you to become tense.

We can easily see that much tension, mental and physical, come from the belief that things can have power over us. We believe that circumstances in the future may interfere with our well-being. We think of persons as able to place our affairs in a precarious condition. Beliefs and thoughts of this kind only show that when the mind entertains the idea that persons, things, and circumstances can interfere with our happiness or well-being, then mental tension arises and physical tension follows.

To rest in the consciousness of God's presence and love is to be free from tension and to know that persons and things cannot harm us.

✿ *Ye shall find rest for your souls.*—JER. 6:16.

AUGUST 7

Sunday

THE PRESENCE OF GOD WITHIN AND ABOUT ME EVER BLESSES ME, AND I AM EVER CONSCIOUS OF RECEIVING A BLESSING FROM GOD.

HEAVEN'S blessings are showered upon us when we are in the consciousness of acknowledgment and receptiveness. First we must realize that in Truth we are never deprived of such blessings. We may become negative and for a time, for some reason or other, believe that blessings are withheld from us, but the fact remains that they are ever bestowed upon us as heaven's gift.

The benediction of heaven is given to us continually. We receive it only when we are in the benediction consciousness. Were we to close our mind to it by thinking that we never receive blessings, were we to doubt it in any way, we should set up a barrier that would separate and hide it from us.

Peace, joy, love, health, and plenty come to us as heaven's blessings. Our friendly attitude toward them causes them to be attracted to us.

*The blessing of Jehovah be upon you;
We bless you in the name of Jehovah.*

—PSALMS 129:8.

Monday

AUGUST 8

I RISE OUT OF ALL LIMITING BELIEFS INTO
THE CONSCIOUSNESS THAT CHRIST IN ME
CAN DO ALL THINGS.

YOU HAVE the power to rise out of any limitation placed upon yourself and to ascend into the high consciousness in which you can do all that you want to do. In Truth there are no restrictions upon your ability. Christ in you is mighty to do all things. When you are guided by the Spirit of Christ and do His bidding, you have the power of Spirit. What more can you want?

What is the limiting belief with which you are mesmerizing yourself? Where did its power come from? Whence did you get the idea that it has power to limit and to bind you? Certainly not from Truth. You have power through Christ to rise out of all limiting beliefs. You have power to do all that Christ bids you do.

When you ascend to spiritual consciousness you break all bondage, you give up all belief that you are limited in any wise. The purpose of spiritual consciousness is to give you power to free and to heal yourself! It is God's gift to humanity.

✿ *I ascend unto my Father.*—JOHN 20:17.

AUGUST 9

Tuesday

I HAVE FAITH IN GOD IN THE MIDST OF ME
AS MIGHTY TO ESTABLISH HIMSELF AS MY
SUPREME GOOD.

OUR LESSON on faith today directs our attention to God, the good, abiding right at the heart of our being. We find our faith quickened and increased, our doubt and unbelief dispelled, as we turn to God. The very thought of faith begins to remove from our mind all wavering, questioning, and uncertainty. Faith links us with something mightier than our own personal efforts. Faith in God establishes us in the very power of God.

Have you a problem today? Then forget for a while that you have it. Think upon the power of God to cause good to be established in your life. Cease to believe that harm can come to you; begin to have faith in the good. Realize that within you is the power that rights every error, adjusts every situation, causes good to be established where and when it is needed. Nothing can stand against you when your faith in Him is complete.

✿ *If you will not believe, surely ye shall not be established.—ISA. 7:9.*

Wednesday

AUGUST 10

THE LAW OF DIVINE JUSTICE IS NOW WORKING IN MY AFFAIRS AS THE PRINCIPLE OF ABSOLUTE JUSTICE IN ALL THINGS.

NO LONGER think of the law of divine justice as something apart from you. Know that as the principle of perfect justice it is at the very heart of your affairs, tangibly operating as the justice needed in your home, your office, your association with other persons.

Realize that all your affairs are under the government of divine justice. Think of no person or situation as able to bring injustice into your life, as capable of causing any adverse circumstance to arise through the intervention of injustice. The thought that you have given to the power of injustice must now be given to faith in God as supreme justice.

Rule out of your mind every belief that any person can keep the justice of God from appearing in your life. Disabuse your mind of all belief that any external thing can prevent God within you from manifesting Himself as divine justice.

✿ *Execute the judgment of truth and peace in your gates.*—ZECH. 8:16.

AUGUST 11

Thursday

LOVE MOTIVATES ME IN ALL THAT I DO, AND
MY LIFE IS FILLED WITH LOVE.

MAKE LOVE the moving factor in your life, and your very existence will become love filled. You will give no quarter to hate or fear. You will cease to give thought to any opposite of love. Even as love moves you in your actions toward others so will love move them in their dealings with you.

If you are undecided today about your relations to others, ask yourself, What is the loving thing to do? Rise above selfish motives and be ruled by unselfish love. Be guided by love in what you do. Let the love of God in you express itself in love toward those about you.

Love has power to heal, to restore, and to regenerate. There is magic in love. It works often in mysterious ways, but always its purpose is to bless its object. Love is never back of inharmony, chaos, disease, and lack. Only the lack of love can bring adversity. Only God as love can bring peace, comfort, health, and plenty.

✱ *The Lord make you to increase and abound in love one toward another, and toward all men.*—I THESS. 3:12.

When Morning Dawns



The dawning of this morning's sun revealed to me world so
I felt that all things of the world were celebrating God as life
It seemed to me the dawn had come with special blessing to
From heaven's storehouse had it come and right from Christ's

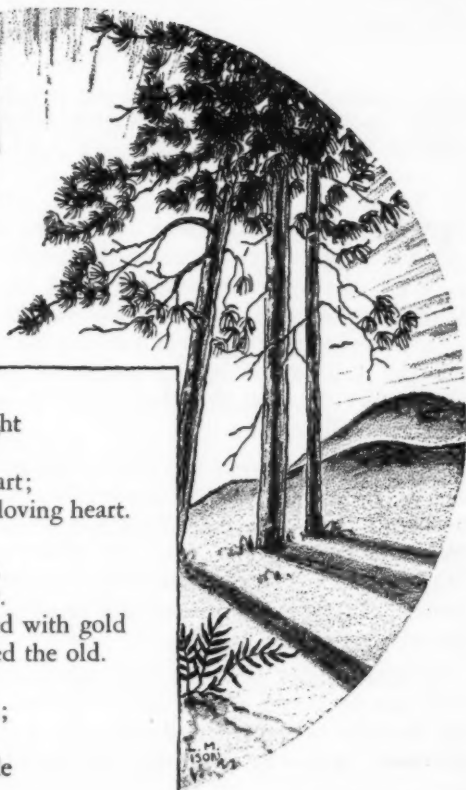
The dawning of this day of days, the coming of a brand-new
Established all things new for me and chased my yesterdays
And at this morning's gay sunrise, when Eastern skies were
I knew that all things were made new, that something new

A brand-new world came into view as I was contemplating
I saw that life is always new, that life moves ever on and on
This early dawn caused me to know that in the morning's
A world is born before my eyes: my inner Spirit is renewed.

to me world so bright
grating od as light.
pecial blessing to impart;
nt from Christ's most loving heart.

of a land-new day,
d my yesterdays away.
ern sky were streaked with gold
omething new replaced the old.

contemplating dawn;
ever d and on.
ne morn'g's interlude
rit is renewed.



Friday

AUGUST 12

ALL CONFUSION AND DISORDER IN MY LIFE
NOW DISAPPEAR, BECAUSE THE SPIRIT OF
ORDER PUTS MY MIND AND MY AFFAIRS IN
DIVINE ORDER.

WE NATURALLY think of disorder as coming through disorderly thinking. Usually the individual wanting to put his affairs in order recognizes the necessity of thinking clearly. He instinctively feels that he must put his thoughts in order. If he is a student of practical Christianity, he takes the Christ mind as his pattern of orderliness.

We think of heaven as ruled by divine order and of all things heavenly as operating together in a most orderly manner. With this in mind we seek to have our mind, life, and affairs express heavenly order. We find that as we meditate upon heavenly truths our mind becomes identified with the order of Divine Mind.

Quietness helps us to think in orderly fashion. The practice of the silence helps a person to get his thoughts in order. He should make the lesson of order practical by expressing it in his life.

✿ *Temperate, sober-minded, orderly.*—I TIM. 3:2.

AUGUST 13

Saturday

THE SPIRIT OF GOD IS EVER WITH ME, BLESSING ME WITH THAT WHICH IS FOR MY HIGHEST GOOD.

THE BLESSINGS of heaven are poured out upon us when we are receptive to them. We rise out of the belief that we can be deprived of God's blessings for any reason. We give up the belief that we are being disciplined when we do not receive His good. We know that to be blessed of God we have only to be receptive.

Do you crave some blessing—peace, joy, health, or prosperity? Then clear from your mind every negative thought that would prevent your enjoying it. Rise above any mental argument that this blessing is withheld from you, that you do not merit it, that you are growing in grace or spirituality through deprivation of it. In Truth you glorify God when you are receptive to Him.

The blessings of God are yours to enjoy here and now. If you want a blessing, then you must enter the high heavenly consciousness.

✿ *Prove me now herewith, saith Jehovah of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.—MAL. 3:10.*

Sunday

AUGUST 14

HEAVEN, THE KINGDOM OF LIGHT, PEACE, LOVE, HEALTH, AND PLENTY, IS NOW MANIFEST. HEAVEN IS WITHIN ME, AND I AM IN ITS MIDST.

WE NO LONGER THINK of heaven as existing in some remote spot or as appearing at some distant time when we learn the truth that our Creator abides right now in His heaven at the very center of our being. Since God lives in us, heaven is no longer remote from us.

All we need for our happiness and highest development comes from God. All the blessings and manifestations of God appear in heaven. All these belong to the heavenly realm, and when we find it they become ours. Peace, abundance of love, fullness of life, unmeasured prosperity, and success, all belong to heaven, to us!

Our first duty is to find heaven within us. Our second is to make ourselves receptive to the outpourings of God. Our third is to live in heaven at all times. This we do by holding to the truth of God's omnipresence and by claiming His gifts for our own.

✿ *Seek ye his kingdom, and these things shall be added unto you.—LUKE 12:31.*

AUGUST 15

Monday

INTO ALL THAT I DO I PUT THE VERY BEST
THAT IS WITHIN ME, THE SPIRIT OF GOD.

REGARDLESS of what we do, whether we are directly serving God or engaged in the most commonplace physical labor, we are to do our very best at all times. If engaged in prayer, we must sincerely open our heart to God. If engaged in mental work or physical labor, we must literally put our heart into all that we do.

Work is lightened when we cease to look at its difficult side and know that we can do all things through the Spirit of God within us. Our part is to step aside and let God do His perfect work. We lend our mind and our hands to the task, and we do so without any sense of effort. We put the best that is within us into what we do, and see Spirit crowning our work with success.

Approach any task that lies before you in the mental attitude that the Spirit of God within you can master it without your becoming concerned about the matter. Then be willing to do your part, working at Spirit's bidding. By working in this fashion you will find yourself free.

☛ *Let each man prove his own work.*—GAL. 6:4.

Tuesday

AUGUST 16

THROUGH THE UNITY OF SPIRIT I AM UNIFIED WITH GOD AND WITH ALL THE GOOD THAT IS INHERENT IN GOD'S PERFECT CREATION.

OUR UNDERSTANDING of Truth reveals to us the oneness back of all creation. We behold the love, the good, the life, and the truth inherent in that which God has created. We see ourselves inseparably joined to God, related to Him in all His ways.

We should discipline ourselves to behold ourselves joined in thought with the very mind of God. We should strive to relate ourselves to His thoughts, which are thoughts of life, love, and Truth. We should feel the sympathetic bond that unifies all living things, knowing that back of this feeling is the thought of eternal unity.

Beware of any thought that would separate you from God, from life, or from God's creations.

One with God, one with all that He represents and is, one with His life and love, you have power to do mighty works.

✿ *Jehovah said, Behold, they are one people, and they have all one language . . . nothing will be withholden from them, which they purpose to do.*—GEN. 11:6.

AUGUST 17

Wednesday

THE EYES OF SPIRIT BACK OF MY PHYSICAL EYES ARE PERFECT EYES. LOOKING THROUGH THEM, I FIND THAT MY PHYSICAL EYES ARE CLEAR AND STRONG.

THROUGH spiritual eyes we behold a spiritual world, a world of perfection and beauty. Such eyes are the windows of the spiritual consciousness. If we were always to look with these eyes we should behold perfect creations: perfect men, a perfect universe. By looking through physical eyes blurred by error thinking, by ignorance of Truth, we seem to see men imperfect and distorted.

The physical eyes, if recognized as closely related to the spiritual vision, become channels through which spiritual vision expresses itself. If we would improve physical vision we must increase our consciousness of seeing spiritually, beholding persons and things in their innate perfection. When we cease to have in consciousness the belief that men are imperfect we shall cease to see imperfection. Our eyes become clear and strong when we behold the image of perfection.

✱ *Immediately their eyes received sight.*—MATT. 20:34 (A. V.).

Thursday

AUGUST 18

BY THE POWER OF CHRIST IN ME I HAVE
POWER AND DOMINION OVER EVERYTHING
IN MY WORLD.

DOMINION AND POWER are given us through the activity of Christ within us. Nothing in the world of manifestation, the world about us, can have power over Christ or over us. Nothing in all the world can intimidate us or subject us to itself, since Christ in us is all in all.

Do you have the secret belief that some person can work you harm? Do you often find yourself thinking that the conditions of the outer world are against you? Do you think that there is some power other than the omnipotence of God, some presence other than His omnipresence? Then Truth will come to you with power to free you from such delusions, with power to lift you to a consciousness of your own dominion.

Dominion over your world comes through a realization that Christ in you is ever enthroned in His world, ever ruling over the conditions of the outer world with power and authority.

☛ *Thou makest him [man] to have dominion over the works of thy hands.—PSALMS 8:6.*

AUGUST 19

Friday

THE LIGHT OF SPIRIT SHINING IN MY HEART
DISPELS ALL DARKNESS, AND I AM ILLUMINED
AND INSPIRED.

THE LIGHT of God within us is the source of our illumination, inspiration, and revelation. All that we need to know will be revealed by this inner light. The inspiration that comes to the poet, the musician, and the inventor comes as an inspiration to their inner illumination.

We cannot believe in mental darkness and ignorance when we awake to the understanding of the inner light. We find that all that we need to know is then revealed to us. We discover that the information we seek and desire is then right at hand. The inspiration of the Spirit of God is such that we are inspired with true wisdom and knowledge.

If you have a problem that needs solution, bring the wisdom of this inner light to bear upon it. Cease to be uncertain of yourself and know that you are God's illumined child. Cease to think from the standpoint of problems.

God is your wisdom and your understanding.

♣ *Jehovah is my light and my salvation.*—PSALMS 27:1.

Affirmations

USED BY THE *Society of*
Silent Unity

AUGUST 20 TO
SEPTEMBER 19



ILLUMINATION . . . *I am wise, alert,
intelligent, quick to comprehend and
make decisions.*



HEALING . . . *I am perfect har-
monious life, substance, and intelli-
gence, at peace in mind and in body.*



PROSPERITY . . . *I am working in
harmony with God, and all of my af-
fairs are adjusted in divine order and
prosperity.*

AUGUST 20

Saturday

THE HEALING PRESENCE OF GOD WITHIN ME
NOW QUICKENS ME TO HEALTH, AND I MANI-
FEST THE HEALTH AND WHOLENESS OF
SPIRIT.

HEALING comes to us when we lose sight of disease as a reality and presence and grasp the truth of our wholeness and health in Spirit. We drop the view of ourselves as limited in order to gain the truth. We cast from mind the thought of disease and find that disease ceases to manifest itself. We think Truth and discover our health appearing as a reality to us.

The healing presence of God exists today as it has existed from all time. This presence which healed men two thousand years ago is the same presence that heals us today. It is the presence of health that prompts us to give our thought to it to the exclusion of any belief in disease. It is the presence of life, strength, and perfection.

You can be healed today if you give yourself completely to the presence of God within and about you and realize your health and perfection.

✿ *I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah.*—JER. 30:17.

Sunday

AUGUST 21

GOD'S WILL FOR ME IS PROSPERITY AND SUCCESS. I AM RICH BECAUSE MY FATHER IS RICH.

DISABUSE your mind of all belief that it may be God's will for you to endure lack or encounter failure. You are the child of God, and His will for you is always abundance. As your loving Father He bestows upon you the best that He has. You inherit from Him His richest gifts.

God gives to you with a lavish hand. Nothing but your belief in poverty can keep you from realizing Truth as it relates to your prosperity. He gives to you in the way in which you can best appropriate His gifts. If you need rich ideas through which to build up a prosperity consciousness, then He gives these ideas to you.

The difference between one who has plenty and one who has little is the difference between a consciousness of plenty and one of poverty. One person believes that God's will for him is plenty, another self-denial and sacrifice. The truth remains that God's will for us is plenty.

✿ *Have their hope set . . . on God, who giveth us richly all things to enjoy.—I TIM. 6:17.*

AUGUST 22

Monday

EACH DAY I AM RENEWED IN THE EVER-RENEWING SPIRIT OF CHRIST WITHIN ME,
AND I LIVE IN A NEW WORLD.

NEW VIEWPOINTS and fresh ideas will keep you youthful and renewed. Let each morning introduce you to new visions, new surprises, new blessings. Look upon each day as bringing you into new privileges and opportunities.

Your mind can be renewed and refreshed by thinking new ideas. Seek to gain new viewpoints and to see yourself and your world from new angles. This will help you keep your outlook upon life stimulating and refreshing.

Your new ideas will be objectified in your body and environment. The newness and vitality of the mind of Christ at the center of your being will extend to the outermost bounds of your existence. Every crystallized idea will be transformed by the newness of your Christ mind.

In Spirit and in Truth all belief in age must give place to the truth that all things are eternally new.

♣ *Jehovah's lovingkindnesses . . . are new every morning.*—LAM. 3:22, 23.

Tuesday

AUGUST 23

I CAN DO ALL THINGS THROUGH PRAYER,
CONSCIOUS REALIZATION OF THE POWER OF
GOD IN THE MIDST OF ME.

WHEN WE understand Truth, prayer loses the element of mystery ascribed to it by those who do not understand its true nature. To us who are in the understanding of Truth prayer is simply a conscious realization of the omnipotence and omnipresence of God, a consciousness wherein the soul is constantly aspiring higher and higher.

In prayer we do not beg God for something. We enter into a realization in which we thank Him for His gift. We realize that the thing we seek is already ours in Spirit. We know that in Truth it has always existed as our own and that our desire for it has but shown it coming into manifestation for us.

The student of Truth seeks to be ever in prayer. The person who lives in a state of prayer is one who is conscious at all times of the supremacy of God, the good, seeing Him coming into manifestation more and more clearly.

✿ *The prayer of faith shall save him.*—JAMES 5:15.

AUGUST 24

Wednesday

THE SPIRIT OF GOD, MY HIGHER SELF, GUIDES
MY THOUGHTS AND DIRECTS MY STEPS INTO
THAT WHICH IS FOR MY HIGHEST GOOD.

HAVE YOU discovered that within you is the power that leads men out of inharmony and limitation into their highest good? If your life seems to be in confusion, get out of the chaotic state of mind that produces confusion. Get very still and feel the Spirit of life at the very heart of your being. Seek so to contact it that you realize your oneness with it.

The Spirit of God within you will impress your mind with those ideas which will guide you into your highest good. You will be directed out of what seems to be confusion, lack, and despair. You will have revealed to you a vision of your supremacy, your blessings.

The higher self within you, the something that has never been affected by personal limitations, beliefs in external powers, or thoughts of evil, is the medium of your relations to divinity. This self is God in your midst, God with you.

✿ *The hand of our God is upon all them that seek him, for good.*—EZRA 8:22.

Thursday

AUGUST 25

KNOWING THAT GOD IS NOW BRINGING GREAT THINGS TO PASS IN MY LIFE, I AM PATIENT.

THE IMPATIENT person very plainly shows that he does not trust God. He shows that he is afraid of future events. He shows that he does not believe that the power of God will come to his rescue when he needs it. He shows that he does not think of God as being omnipotent—all the power that there is.

Quite often the appearance of unsettled conditions in a person's affairs is not evidence that evil is appearing. Often a change for the better may cause such unsettled conditions. The good may be so active in vanquishing evil that there is the appearance of turmoil, but this appearance is deceptive.

When conditions are most alarming as far as appearances are concerned, a person should be most patient. He should relieve himself of all impatience in order to present to Spirit a peaceful mind through which to work.

✿ *Let patience have its perfect work, that ye may be perfect and entire, lacking in nothing.*—JAMES 1:4.

AUGUST 26

Friday

GOD IS MY PROTECTOR AND DEFENSE. HIS PRESENCE SURROUNDS AND INFOLDS ME.

THE PRESENCE of God is like a tower of defense. In this presence you cannot be molested or injured. No person or thing can harm you when you know that you exist in God. No evil can come into your presence, the presence of Spirit.

Your consciousness of Truth is a protection against every danger that comes from believing in evil. Always remember that evil exists for you only as a belief. When the substance of your thought is removed from the belief in evil, the belief dies. When you realize that there is no truth in a belief, the belief ceases to live. When you perceive that evil is a mistaken belief, it disappears before the truth concerning it.

Do not think of God as protecting you from something. The Truth of God protects you from ignorance. The Truth about the nothingness and powerlessness of the thing you fear is a strong defense against your belief in it.

*Jehovah is on my side; I will not fear:
What can man do unto me?*

—PSALMS 118:6.

THE TRUTH OF CHRIST IS NOW IMPLANTED
IN MY CONSCIOUSNESS AND I REACT TO ALL
SITUATIONS ACCORDING TO TRUTH.

TRUTH is the philosophy of thinking and living taught by Jesus Christ. By studying it we learn to understand values. Possibly something we have thought of as important becomes insignificant in our life. Something that we have underrated and undervalued is given its right place in our consciousness. When we take the Truth of Christ as our standard, we think, live, and react to situations of the day by Truth.

Jesus came to humanity in bondage to dispel misconceptions about life. He gave it Truth. He taught men to correct their thinking. He saw them exchange misconceptions for Truth. As a result He saw inharmony and disease disappear. He showed men the fallacy of thinking in terms of disease and the good to be gained by thinking in terms of Truth.

What is Truth? Truth is a method of thinking whereby man comes to know the eternal verities of life as defined by his teacher, the Christ.

✿ *And speaketh truth in his heart.*—PSALMS 15:2.

Sunday

CHRIST IN ME IS EVER LIFTED UP TO GOD,
AND IN HIM I TOO AM EXALTED.

DEDICATE this day to the thought that you are exalted in Christ. Feel today that you have that within you which lifts you to high heaven. Know that Christ within you is ever conscious of His oneness with the Father and that He ever realizes that He is lifted to His Father's presence. Know that through your oneness with Christ you are lifted up with Him.

Spiritual exaltation comes when we live in the high consciousness of our oneness with Christ. We feel an inner assurance that we are lifted to the presence of God. We feel an inner knowing that we are exalted to high heaven.

To be exalted to oneness with God we must have exalting thoughts. We must be lifted up in consciousness. We need to feel that Christ within us is ever urging us to aspire to higher, better, and nobler things. This inner sense of aspiration causes us to draw nearer and nearer to God. Christ is ever the source of all inspiring thought.

✿ *Now will I lift up myself; now will I be exalted.*
—ISA. 33:10.

Monday

AUGUST 29

I AM FREE FROM ALL OUTER DISTRACTION, BECAUSE I AM POISED AND CENTERED IN THE STILLNESS AND QUIETNESS OF CHRIST WITHIN ME.

THE QUIETNESS of Christ within us is of such a nature that when we turn in thought to Him we are free from all external noise, distraction, and confusion. This quietness makes us quiet when we learn to abide in it. The things of the external world no longer have power to rob us of our inner sense of quiet when we learn to live in the presence of Christ within us.

The stillness of the inner presence proves so powerful that nothing in the world about us can harm or affect us when our attention is fixed upon Spirit. The persons with whom we deal in our daily rounds, the experiences that we have in our outer dealings, cannot harm us in any wise when we have learned to find the place of stillness within us and live in it.

Nothing in the external world has power over us when we take our thought away from it and give our attention to our indwelling Christ.

* *Study to be quiet, and to do your own business.*—I THESS. 4:11.

AUGUST 30

Tuesday

FOR EVERY BLESSING AND MANIFESTATION
OF THE GOODNESS OF GOD I AM APPRE-
CIATIVE AND GLAD.

OUR BLESSINGS come to us in such numbers that often we find it well just to stop and give thanks for them. We see such evidence of the goodness of God that we want to get quiet and realize that on every hand God is expressing Himself for our happiness.

When we stop and give thanks for the good that we receive we find that something rather strange happens—strange to us if we do not know the law. We find that our being appreciative, thankful, and happy on account of the good that has come into our life causes more good to come. We discover that the blessings for which we are grateful seem to draw to themselves other blessings of the same kind.

If you should think that you do not have much for which to be thankful, try the plan of being grateful. Become appreciative of even the smallest blessing.

*Jehovah hath done great things for us,
Whereof we are glad.*

—PSALMS 126:3.

Wednesday

AUGUST 31

THE KNOWLEDGE THAT IN TRUTH I AM FREE FROM EVERY LIMITATION OF ERROR HAS NOW SET ME FREE, AND I GO FORTH FREE IN MIND AND IN BODY.

KNOWING the truth of our being, having the knowledge that we are not bound by falsehood in any wise, we can rest assured that our freedom is entire in every respect. Truth is an antidote to falsehood and ignorance. Truth breaks the chains of superstition and ignorance.

Knowing the truth that in reality we are free from disease, we feel a great sense of freedom throughout mind and body. We relinquish the old beliefs that bound us to weakness and disease. We find freedom in mind and in action.

As we realize the truth that we live in a world of freedom we discover that our environment is free from those things which formerly seemed to enslave us. As we free ourselves from domestic worries our home becomes a haven of freedom. Free from anxious thought about business, our minds think of business in a new light. We see the prosperity of Spirit expressed in our affairs.

♣ *For freedom did Christ set us free: . . . be not entangled again.*—GAL. 5:1.

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Unity's important annual Truth event

"LESSONS IN TRUTH WEEK"

SEPTEMBER 12 TO 18

Once again Unity students the world over are setting aside a week for special attention to fundamental Unity principles. These principles—upon which must be based any demonstration of healing, blessing, or prospering—are clearly explained in LESSONS IN TRUTH, Unity's textbook for beginners.

There is a special power in the concentrated and united study carried on during this week. Each year many students write us of the blessings that they have received from taking part in it.

Will you join us this year? To aid you in your study we have printed a little booklet outlining an effective study program for this one week. It will be sent FREE with each copy of LESSONS IN TRUTH.

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ABOUT A NEW BOOK

news

because this book, **God Is the Answer**, is Dana Gatlin's first Unity book.

news

because it is to contain such popular articles of hers as "My Victorious Spirit," "Out of the Rut," "God Is the Answer," "I Have No Fear," and so forth.

news

because September 1 is the publication date, and you ought to get your order in at once.

news

because **God Is the Answer** is to be a member of Unity's popular standard series, selling for \$1 in cloth, \$2 in flexible binding.

UNITY SCHOOL OF CHRISTIANITY, KANSAS CITY, MISSOURI

In This Issue

This Is Wealth (Poem)

Love Will Find You (Poem)

Love the Conqueror

Be a Captain Courageous

Investments

I Cannot Leave His Presence (Poem)

When Morning Dawns (Poem)

DAILY LESSONS FOR AUGUST

1—Enthusiasm. 2—Peace. 3—Life. 4—Joy.
5—Courage. 6—Relaxation. 7—Blessings.
8—Power. 9—Faith. 10—Justice. 11—Love.
12—Order. 13—Highest Good. 14—Heaven.
15—Best in Me. 16—Unity. 17—Eyes. 18—
Dominion. 19—Illumination. 20—Healing.
21—Prosperity. 22—Renewal. 23—Prayer.
24—Guidance. 25—Patience. 26—Protection.
27—Truth. 28—Exaltation. 29—Quietness.
30—Appreciation. 31—Freedom.

